

Editorial

Time, that intangible good that flies throughout our Daily activities, has promoted that the editorial department have finally come together and make our psychodrama articles see the light before this year finally bid farewell without asking permission.

This editorial has been thought and written as a guide to help the reader to follow the place where their curiosity and interest take them.

First path to choose might be through the theory, the theory and their mutual intersections; we have the text by Clark Baim "Using Attachment Theory to Inform the Purposeful Adaptation of Psychodrama Techniques: Implications for Clinical Practice ". We have presented this text in its native language and its translation into Spanish by our colleague Veronica Cocheateaux. Next, following the same path we find "Systemic contributions to an integrated idea of extensive analytical cognitive orientation applied to adolescents" presented by Carla M^a Cabrejas, and an appreciate friend in our journey through psychotherapy world, Carlos Mirapeix, with Paula San Juan.

The second path guide us through the not easy field of the psychodrama application. The article "Therapy in prison. The change to the other through psychodrama" shows us the work of a group of psychodramatists who travels from a corner in our group room to a prison, invested with so much hope, generosity and faith in human being. For those we haven't met them before, this work is an excellent business card.

The third path to follow, sometimes the hardest for psychodramatists is the clinical and research field. It is indicated by another appreciated friend Enrique Guerra with Esther Muñoz, who puts the sign which marks the direction with the article "Psychodramatic psychotherapy in personality disorders: a journey through utility and evidence".

So reaching this point, it's our turn to share. With whom? We can't complain about Adam Blatner who from time to time write us to offer his articles and texts. On this occasion, he offered us not only one, even two articles: Limits and approach" and Reciprocity and Pschotherapy".

I don't know Adam personally, but besides his warm smile in his pictures, I guess his heart has a brighter smile.

We have more smiles and warm hearts, from a group of auxiliary egos, very professional and also funny, that share with us their experience in "Psychodrama with supervised minors: the experience from the auxiliary ego perspective"

Our sharing continues with a very interesting clinical comprehensive contribution: "Masks of the loss in the pathological game "; Debora Blanca brings it from a very love place, Argentina.

And finally, our last sharing, from all who participate in the VIII congress of the “Association for the study of Psychotherapy and Psychodrama”; it is summarized and studied by Aida Cantos, one of ours. One of whom contributes, year after year, to keep the projects of this little association and journal with a bright light.

The journal is good, humbly it's very good, but we are at Christmas. We would like Christmas might be for psychodramatists, even for psychotherapist from a different orientation, for every single human being that anytime anywhere, at any moment is surprised by spontaneity and might look into each other eyes, for all people from this editorial board we wish you “CHRISTMAS HAPPINESS”.

Teodoro Herranz

Director de la Revista de Psicoterapia y Psicodrama

Madrid 21/12/2017